**Volleyball**  
  
What worked well:  
Drills before playing a game to get used to skills of Volleyball again. Rotating serve/positions to ensure everyone had a shot at all roles.  
  
Improvements:  
Going through rules of beach Volleyball (3 touches and over, no touching the net) just to make the rules explicitly known.   
   
Changes for children:  
Start children off playing nukem as it is easier to play as they learn the pace of the game. Model skills used for games.   
  
Volleyball was a great activity that blue team participated well in. Was really good that we got to have a match against green at the end!

**Flying fox**   
  
What worked well:   
Great activity, while it is important to have an ADANAC staff member there it was great that one of our group members was trained to man the bottom station. Good instruction/encouragement.   
   
Improvements:   
Really isn’t much that can be improved with the flying fox, for a strict safety minded activity it was run really well.

Changes for children:  
Having another activity for children who are waiting their turn on the flying fox is probably the biggest thing. While this doesn’t apply to us the long waits between turns could cause problems with some students.  
  
Awesome activity, expertly run!

**Canoeing**   
  
What worked well:   
Great explanation of all aspects of canoeing. Games out in water were a great test of the skills being introduced as we progressed.   
   
Improvements:   
Wait for students who are emptying their boats! Make sure everyone is present before moving on to the next activity.

Changes for children:  
Allowing students more opportunity to practice in the water before heading into the water based activities.   
  
Great activity, very good instruction outside the water before we got into a dangerous area.

**Bike Riding**   
  
What worked well:   
Great track to ride along. Group while spread out always had an idea of where everyone else was and were willing to help with chains/gears malfunctioning.   
   
Improvements:   
Have the group stay as a compact group. This allows everyone to have a rest in betweens sections of track.

Changes for children:  
Having a leader and someone at the back as two markers, everyone else needs to be between these people to have the group stay together.   
  
Great activity, the track was beautiful and everything worked well.

**Hut Building**   
  
What worked well:   
Team bonding activity was great, a pity it wasn’t earlier in the week as it really inspired the team competition aspect. Blue team worked great together using all natural materials to create our hut based on everyone’s ideas. Very good instruction at the start of the activity.   
   
Improvements:   
Allowing some time to discuss strategy could be worthwhile to make solid structures.

Changes for children:  
Allowing students to plan their huts prior to building, either before camp of earlier that day. This will allow them to start building with a plan in mind giving them more time to build their structure.  
  
Great activity, very well planned/run.

**Raft Building**   
  
What worked well:   
All groups were successful in completing the course set out in front of them. Instructions were clear and allowed all team members to participate in construction of raft.   
   
Improvements:   
Allowing more materials/time to create better rafts. Competition could have been explained clearer.

Changes for children:  
Allowing students to plan their rafts prior to building, either before camp of earlier that day. This will allow them to start thinking about how their raft will float with a certain number of people on it.  
  
Great activity, very well planned/run.